

How to contact us:

By Phone:

0191 232 7445
(and ask for the Advocacy
Centre)

Ring or Text:

07944 394287

Email:

advocacy@cvsnewcastle.org.uk

Or write to us:

Newcastle Advocacy Centre
NCVS
Mea House
Ellison Place
Newcastle upon Tyne
NE1 8XS

Newcastle Advocacy Centre provides:

- * Citizen advocacy for vulnerable adults in Newcastle.
- * Case advocacy for people with mental health problems.
- * Case advocacy for people from Black & Minority Ethnic Communities.
- * Support to Advocacy Network Newcastle (ANN) which is open to individuals and groups with an interest in advocacy.

We are often looking for volunteer advocates.



NEWCASTLE
ADVOCACY
CENTRE



Registered Charity No. 226263

NCVS, MEA House, Ellison Place,
Newcastle upon Tyne, NE1 8XS.
Tel : 0191 232 7445 Fax : 0191 230 5640
E-mail : advocacy@cvsnewcastle.org.uk
www.cvsnewcastle.org.uk

Newcastle Advocacy Centre is part of NCVS

Case Advocacy

For Black & Minority Ethnic Communities



Working with you
when you need help with
Health & Social Care issues.

**NEWCASTLE ADVOCACY
CENTRE**

Could Case Advocacy help you ?

If you live in Newcastle and
belong to a
Black & Minority Ethnic
Community

AND

You need help with health and
social care issues.

You could get support
from:

**Newcastle Advocacy
Centre**

If there was someone there to support you, would it be easier to say what you need to at meetings or appointments?

Are there problems that you need some help to sort out?

Do you feel that no one is listening to you?

We will listen to you and will support you to try and get the outcome that you want. Whether that involves writing letters, making telephone calls or attending meetings with you.



An advocate is someone who is independent of services, on your side and can:

- * Help you find information.
- * Talk things through to find out what you want to say.
- * Support you at meetings and appointments to help you say what you want.
- * Help you talk to professionals.

What kind of things could an advocate help with?

Some examples are:

- * Talking about your treatment with a doctor.
- * Your care in hospital.
- * Getting help in your home.
- * Information about services that could support you.

These are examples, in most circumstances an advocate can help with other health and social care issues to help you get your views across.