



Expanding

minds,
improving lives:

Update on the Review of Children and Young People Mental Health Services

CHYP IN Forum

Dr Dawn Scott, Newcastle City Council

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Background

- Newcastle Gateshead CCG, Newcastle City Council and Gateshead Council are collaboratively reviewing children and young people's mental health provision across Newcastle and Gateshead. Delivered through Expanding Minds, Improving Lives and incorporating the Local Transformation Plan



Progress

Stage	Description	Dates
Establishing the baseline	Getting the detail about how things currently work - marking out what we want to change and what we don't, and why the system should transform	13 April 2015 - 31 July
Pre-consultation and listening	Taking a summary of the current services to the community - service users, children and young people, parents and carers, families, providers and commissioners- and listening to what we hear	3 Aug 2015 -31 January 2016
Co-producing a new model of emotional wellbeing care and support	Working together to build on the views shared in the listening phase and designing a new approach that enables people to thrive through prevention and early intervention, and when necessary specialist support	8 February 2016 – 31 May 2016
Engaging with communities about the new approach	Sharing the outcome of the co-production phase and engaging with our communities about the new proposed approach	19 June 2016 – 20 October 2016
Implementing	Putting our new approach into place	6 November 2016 – 28 April 2017



Findings from the Listening Phase (1)

What works?

- Staff are committed and dedicated
- Training and resources enable staff at tier one to work in community settings
- Good use of new technologies
- TaMHS and school based counselling
- Whole school approach to EMH (dedicated worker)
- Children identified with special educational needs have good level of support in schools
- Using schools as a community asset
- For C&YP the approach and convenience/access to VCS provision
- Access to groups and social/creative activities



Findings from the Listening Phase (2)

What needs to be improved?

- **Service configuration and performance**
 - More / improved early intervention / prevention
 - Greater support for lower level need
 - One point of access
 - Greater integration with education
 - More choice (location, types of support)
- **Communication and information sharing**
 - Poor communication as system is fragmented and complicated
 - Lack of clarity around role and expectation of CYPs staff
 - Limited follow-up post referral



Findings from the Listening Phase (3)

What needs to be improved?

- **Transitions**
 - Improved school readiness
 - “Cliff edge” at 18 with move to adult mental health services
 - Moving between CYPs and other services needs to be easier
- **Workforce and training**
 - With the right skills and resources, schools and community based organisations are ideally placed to work at tier one.
 - With added capacity and / or support of mental health workers, there is the potential of schools and community based organisations in providing tier 2 support/
 - Understanding roles and functions of key professionals / organisations



Developing a draft model

The key messages (and national policy) are telling us that we need to develop a model that:

- Responds to the needs of children and young people
- Has clear routes to the right support at the right time
- Has a recovery focus
- Has a shared care approach - “No Bounce”
- Allows for ease of access and choice
- Provides appropriate escalation when necessary
- Has clear roles and responsibilities
- Has integrated working at its heart



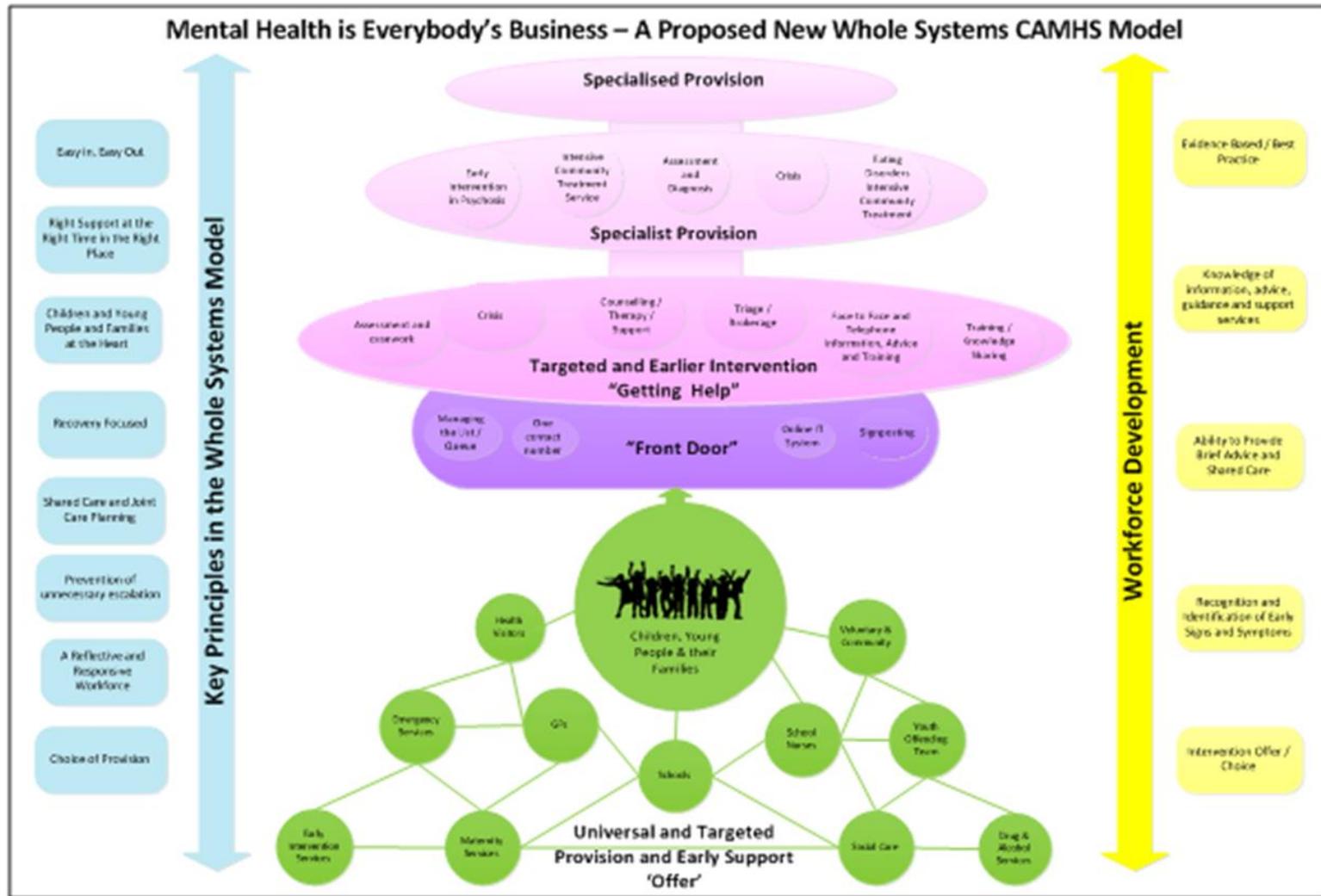
Design Phase (1)

- Public workshops held to discuss early thinking around the possible arrangement of services

	Date	Venue	Number that Attended
1	12 April 2016	Lancastrian Suite, Dunston	45
2	6 May 2016	Gateshead Civic, Gateshead	5
3	9 May 2016	Gateshead Civic, Gateshead	10
4	10 May 2016	Westgate College, Newcastle	16
5	12 May 2016	Gateshead Civic, Gateshead	18
6	14 May 2016	Newcastle Civic, Newcastle	6
7	24 May 2016	Westgate College, Newcastle	37
Total			137



Design Phase (2)



Next Steps

- Project Team is reviewing feedback from the public workshops held in the Design Phase
- Update and refine model in light of feedback
- Share final proposed model with stakeholders for further comment



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